

# National Fellowship in Palliative Medicine (NFPM)

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PROSPECTUS 2022-2023



Institute of Palliative Medicine  
Kozhikode, Kerala



Christian Medical Association of India  
New Delhi

## **Table of contents**

Important dates	3
Introduction	4
CMAI-IPM National Fellowship program	5
Training centres and coordinators at training centres	8
Course fee	13
About Institute of Palliative Medicine (IPM)	16
About Christian Medical Association of India (CMAI)	17
Instructions for filling Application form	18
Application form	19
Contact details	20

## Important Dates

- May 31, 2022** : **Issue of prospectus and application form**
- July 31, 2022** : **Last date to submit completed application form**
- August 15, 2022** : **Declaration of selected candidates**
- August 31, 2022** : **Last date to pay course fee**
- September, 2022** : **Commencement of course with first contact session** (*This is a tentative date*)

## Introduction:

Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. (WHO 2011)

Palliative care:

- provides relief from pain and other distressing symptoms;
- affirms life and regards dying as a normal process;
- intends neither to hasten or postpone death;
- integrates the psychological and spiritual aspects of patient care;
- offers a support system to help patients live as actively as possible until death;
- offers a support system to help the family cope during the patients' illness and in their own bereavement;
- uses a team approach to address the needs of patients and their families, including bereavement counselling, if indicated;
- will enhance quality of life, and may also positively influence the course of illness;
- is applicable early in the course of illness, in conjunction with other therapies that are intended to prolong life, such as chemotherapy or radiation therapy, and includes those investigations needed to better understand and manage distressing clinical complications.

Palliative medicine and nursing are integral parts of the holistic care' rendered to those affected by any incurable disease or chronic debilitating or end stage medical disease, including care of the elderly. Special knowledge and skills are needed to care for and treat these patients because they have special needs.

The modern concept of Palliative Care was pioneered as a movement in the UK by Dame Cecily Saunders, which then spread to many other parts of the world. In India, this is a speciality still in its infancy and most doctors and medical students are not familiar with the principles and practice of this discipline. Much more needs to be done to make palliative care widely and easily available.

***This Fellowship programme will help to build capacity of health care professionals and institutions and equip them to render much-needed palliative care services to the people of this country.***

## The CMAI – IPM, National Fellowship Programme

### **Aims**

- To give training to doctors so that they receive the knowledge and professional skills to render palliative care services.
- To give new insights and perspectives and positively influence their outlook towards the practice of Medicine i.e. from being medicine & doctor centric to person centric and being an equal partner in a team.

### **Eligibility Criteria**

The applicants should hold an MBBS/BDS degree recognized by the Medical Council of India/Dental Council of India and have completed 1-year internship.

### **Student Intake:**

Twenty-Five (25) students will be admitted to the programme every year on a first come first served process.

### **Course Design:**

The programme is expected to familiarize the candidates with the philosophy, principles and different models of delivery of palliative care, its relevance in our socio-cultural scenario, issues in communicating with patients and relatives, ethical and legal issues, symptom management, basic nursing issues relevant to people with incurable and chronic illnesses and issues related to death.

The programme is based on a distance education mode of one-year duration. However, students will have the option to complete the programme in two years' time. The methodology will include course work modules, assignments, and theory classes at contact sessions and hands on clinical training.

### **Academic requirements:**

- Candidates should have 100% attendance during the 10 days contact session
- Should complete 20 days clinical postings divided as 10 days at Institute of Palliative Medicine, Kozhikode and 10 days at one of the designated centres. 10 days clinical posting at Institute of Palliative Medicine, Kozhikode is mandatory
- Should maintain logbook during clinical posting with minimum score of 50% in log book evaluation.
- Should complete one clinical audit and secure minimum audit evaluation score of 50%
- Should complete 10 modules as distance education program with minimum score of 50% in the assignment evaluation of each module.
- Should complete final evaluation with minimum score of 50%.

**Contact Sessions:**

**First ten days of the orientation programme will be conducted via Zoom platform.** Thereafter, the candidate must complete twenty clinical working days. It is mandatory to do 10 days clinical posting at Institute of Palliative Medicine, Kozhikode. The remaining 10 days can be done in any one of the designated centres. The candidate is free to choose the centre and the period after discussing with the faculty concerned (A list of recognized institutions for clinical placement and the faculty in charge are given at Page 7 to 11). Final examination will be conducted at IPM, Kozhikode, Kerala.

**Distance-learning modules:**

There will be 10 distance learning modules. Each learning module is based on topics specific to palliative medicine. Along with each module(s), one or two sets of assignment will be provided which the candidate must complete. The assignments will be evaluated and the marks will be informed to the candidates. The aggregate of all the assignment marks will be included in the final evaluation and certification.

**Clinical Postings:**

The candidate will be evaluated during the clinical placement by the faculty in charge (mentor). He/she must complete a logbook during the clinical placement. The format for the evaluation during the clinical placement and the logbook will be mailed / couriered to the candidate during the first contact session.

**Audit:**

The candidate must submit a duly completed audit report on a topic relevant to palliative care. Audit proposals will be discussed and finalized during the initial contact session.

**Final examination:**

The final evaluation will be carried out at IPM, Kozhikode. The evaluation includes theory examination, practical examination, viva, audit presentation and case presentation.

**Final Evaluation:**

Final evaluation will be a Cumulative Grade Point Average (CGPA) system of evaluation based on the evaluation of the assignments, logbook and the audit report, performance during the clinical placement and the final examination. The details of the audit and final examination can be clarified at the time of first contact session at IPM.

**Split up of evaluation:**

## Formative Evaluation

Assignments	-	50%
Clinical Posting	-	10%
Audit	-	10%

## Summative evaluation

Case Presentaion	-	5%
Viva		5%
Theory Examination	-	20%

If the candidate is unable to score 50% in each of the category as shown in the split up, he/she will not be declared pass and can appear next time. In that case, the date of examination will be intimated to the candidate. He/she can appear directly for the examination without any additional fees.

**The candidate will be allowed to carry forward the course fee for one year with the same registration fee.**

## Training centres & coordinators at the centres

### 1. Institute of Palliative Medicine (IPM)

Medical College PO, Kozhikode Kerala - 673008

Dr. Lulu Mathews

Email: [nfpmacademics@gmail.com](mailto:nfpmacademics@gmail.com)

Mob: Dr Lulu Mathews +919847467973

### 2. Institute of Palliative Care

Round East, Thrissur, Kerala- 680001

Dr. E Divakaran

Email: [edivakaran@gmail.com](mailto:edivakaran@gmail.com)

Mob: +919447308707

### 3. Department of Cancer Palliative Medicine,

**Malabar Cancer Centre,**

Moozhikkara PO, Thalassery, Kannur- 670103, Kerala

Contact: Dr. Biji M. S.

email: [bijims@gmail.com](mailto:bijims@gmail.com)

Mobile: +919496048807

### 4. Pallium India

Aisha Memorial Hospital Building,

Manacaud P.O., Paruthikkuzhy,

Thiruvananthapuram – 695009

Kerala, India.

Contact: Ms. Sheeba R S

Email: [education@palliumindia.org](mailto:education@palliumindia.org)

Ph.: +919746745497



**5. Karunashraya Hospice**

Varathur Main Roa,Kundanahalli Gate Bangalore- 560037

Dr. Seema Rao

Associate Director Education and Research

Email: [seema.rao@karunashraya.org](mailto:seema.rao@karunashraya.org)

Mobile: +91 98923 36650

**6. Department of Palliative Medicine**

**Kidwai Memorial Institute of Oncology**

Dr M H Marigowda Road, Bengaluru, Karnataka- 560029

Dr. Prabha Seshachar

Email: [prabhasachar@yahoo.co.in](mailto:prabhasachar@yahoo.co.in)

Mobile: +918026094100

**7. Department of Palliative Medicine**

**Bangalore Baptist Hospital**

Bellary Road, Hebbal, Bangalore, 560024

Dr. Amy Siew

Email: [palliative@bbh.org.in](mailto:palliative@bbh.org.in)

Mobile: +918022024444

- 8.** Department of Palliative Medicine, Oncology Block (New), 2 Floor,  
**St. John's Medical College & Hospital,**  
Sarjapur Road, Bangalore- 560034  
Contact: Ms Elda  
Email: [ppcu.sjmch@gmail.com](mailto:ppcu.sjmch@gmail.com)  
Mobile: +91 95912 37363
- 9. Lakshmi Pain and Palliative Care Trust**  
Lakshmi Sundaravanan Hospital  
No 134, Poonamallee High Road Chennai- 600084  
Dr. Mallika Tiruvadanan  
Email: [lakshmipaincare@gmail.com](mailto:lakshmipaincare@gmail.com)  
Mobile: +919841022828
- 10.** Palliative Care Unit  
**Cancer Institute (WIA),**  
( Next to IIT Madras) 18, Sardar Patel Road, Guindy, Chennai - 600036  
Contact : Dr. Kalpana Balakrishnan  
email: [kalpana.balakrishnan@gmail.com](mailto:kalpana.balakrishnan@gmail.com)  
Mobile: +919840158777
- 11.** Palliative Care Unit  
**Christian Medical College and Hospital**  
Vellore, Tamil Nadu  
Contact: Dr. Jenifer Jeba S  
Email: [jenifermugesh@yahoo.com](mailto:jenifermugesh@yahoo.com)  
Phone: +919443019383
- 12.** Department of Pain and Palliative Care,  
**MNJ Institute of Oncology & Regional Cancer Centre,**  
Red Hills, Hyderabad- 500 004  
Contact: Ms. R. Vineela/ Dr. Gayatri Palat  
email: [mnj.palliative@gmail.com](mailto:mnj.palliative@gmail.com), Mobile: +9191772 38901

**13. Dr. BRA Institute Rotary Cancer Hospital**

Department of Anaesthesiology and Palliative Care, Room No 242, 2nd Floor

**All India Institute of Medical Sciences,**

New Delhi- 110029 Dr.

Sushma Bhatnagar

Email: [sushmabhatnagar1@gmail.com](mailto:sushmabhatnagar1@gmail.com)

Mob:+919811326456

**14. Bhagwan Mahaveer Cancer Hospital and Research Centre**

Jawaharlal Nehru Marg,

Jaipur, Rajasthan- 302 017

Dr. Anjum Joad

Email: [iapcjaipur@gmail.com](mailto:iapcjaipur@gmail.com)

Ph: 0141 2702899/ 510777

**15. Tata Memorial Centre**

Dr Ernest Borges Marg, Parel Mumbai 400012

Dr Jayita Deoadhar

Email: [jukd2000@yahoo.co.uk](mailto:jukd2000@yahoo.co.uk)

Ph: +919892358023

**16. Cipla Palliative Care and Training Centre, 18/1,**

Off Mumbai - Bangalore Highway, Warje,Pune,

Maharashtra - 411 058

Contact: Dr. Vivek Nirabhavane

Email: [drviveksn@gmail.com](mailto:drviveksn@gmail.com)

Mobile: +919552775117

Mr Larry Wagh

Email: [Larry.Wagh@ciplacare.com](mailto:Larry.Wagh@ciplacare.com)

Mobile: +91 88303 50068

**17. CanSupport**

A-2 , Gulmohar Park, Opposite Kamla Nehru College,  
New Delhi, Delhi 110049  
Contact Dr Dr Reena Sharma  
E-mail: [reenasharma@cansupport.org](mailto:reenasharma@cansupport.org)  
Phone:8800350213

**18. Department of Palliative Care and Psycho oncology**

**TATA Medical Centre,**  
New Town, Rajarhat, Kolkata-700156  
Contact Dr Shrikant Atreya  
E-mail: [shrikant.atreya@tmckolkata.com](mailto:shrikant.atreya@tmckolkata.com)  
Phone: 033-66057242

**19. Department of Palliative Medicine**

**Dr. B. Borooah Cancer Institute**

(A Grant-in aid Institute of DAE, Govt. of India and a unit of TMC, Mumbai)

Gopinath Nagar, Guwahati

Pin code – 781016

Contact: Dr. Kabindra Bhagbati

Email: [kbhagabati@yahoo.co.uk](mailto:kbhagabati@yahoo.co.uk) , [kbhagabati07@gmail.com](mailto:kbhagabati07@gmail.com)

Phone : +9198640 93687

**If you know of any well functioning Palliative care centers in your area, please inform us, we will contact them for an MOU to enable the candidate to do the clinical posting in these centers.**

*(A few centres in New Delhi, Gujarat, Mumbai, Jharkhand, Uttar Pradesh, Andhra Pradesh and Kerala are in the process of being added.)*

### Course Fee

Application form and prospectus will be available from May 31, 2022 from Programme Coordinator, National Fellowship in Palliative Medicine, Institute of Palliative Medicine, Kozhikode, Kerala. or download it on [www.instituteofpalliativemedicine.org](http://www.instituteofpalliativemedicine.org) or [www.cmai.org](http://www.cmai.org)

#### Application fees:

Application fee Rs. 200/-

Additional fee for Overseas candidate Rs. 300/- ie Total Rs 500

#### Course fees

The course fee is Rs. 40,000/- (Rupees Forty Thousand Only) and should be paid by August 31<sup>st</sup> upon selection. This covers the cost of learning materials, examination and assessment and issue of certificate. The fee should be paid by NEFT or as a Demand Draft drawn in favour of PPCS ACADEMIC ACCOUNT' and payable at Kozhikode

#### **NEFT details: (Payment details for Indian Candidates only)**

Name of account holder: PPCS ACADEMIC ACCOUNT

Name of the bank: INDIAN OVERSEAS BANK Address:

Medical college post, Kozhikode-673008 Branch

Code: 000899

Account no: 089901000013793

IFSC Code: IOBA0000899

MICR Code: 673020003

Account type: SAVING BANK ACCOUNT

#### **Payment details for international candidates (out of India only)**

Account name : INSTITUTE OF PALLIATIVE MEDICINE

Account no 00000040093217520

Name of the bank : STATE BANK OF INDIA

Branch name : NEW DELHI MAIN BRANCH

Branch code 00691

IFSC CODE : SBIN0000691

MICR 110002087

Address: : 11 SANSAD MARG , NEW DELHI 110 001

**Fees once paid will not be refunded, in case a student wishes to discontinue the programme. With the same fees, the candidate can do the course for next year.**

### **Selection of Candidates:**

The selection will be done by the training committee. Since the Fellowship programme has been designed to equip interested and committed candidates in the practice of Palliative Medicine, considerable weightage will be given to the statement of purpose, the reference letter and other information supporting the applicant's interest and commitment. The list of selected candidates will be announced on August 15, 2022. All applicants will be intimated by e-mail/ letter about whether their application is successful or not. **The decision of the selection committee is final** and no correspondence in this regard will be entertained once the results are declared.

### **Scholarship for the course**

1. Number - 2 for doctors and 4 for nurses.
  2. Amount - 50% of the course fees
  3. Eligibility - Successful completion of the course
  4. Manner of selection - Names of the candidates eligible for scholarship will be short listed
- Final list will be made depending upon timely submission of assignments, completion of the course including clinical audit presentation.

### **How to apply**

Those candidates interested in getting a scholarship have to submit a document showing the following details

- A. Your present job, Nature of job.
- B. Complete address of your place of work.
- C. Your future plan after completion of NFPM/N.
- D. Give your reason why you should be selected as a scholarship recipient.

## **Convener Training Committee**

Dr. Lulu Mathews

Medical Officer, Institute of Palliative Medicine

Pain & Palliative Care Society

Medical College PO

Kozhikode, Kerala - 673008

E-mail: [lulumathews@gmail.com](mailto:lulumathews@gmail.com) , [nfpmacademics@gmail.com](mailto:nfpmacademics@gmail.com)Ph.

No - 0495-2354166

## **Convener Management Committee**

Dr. Stanley C Macaden

Palliative Care Consultant

National Coordinator - Palliative Care Programme of CMAI577,

16th B Main, 3rd Block, Koramangala

Bangalore – 560034

E-mail: [stancmac@gmail.com](mailto:stancmac@gmail.com)

Ph. No: (M) 09663323810

Res-08025530454

## About Institute of Palliative Medicine (IPM)

The Institute of Palliative Medicine is the Training and Research arm of Pain and Palliative Care Society (PPCS), which is one of the leading training institutions for palliative care in low and middle-income countries. It is a **World Health Organisation Collaborating Centre (WHOCC) for Community Participation in Palliative Care and Long-term care** and is the first WHOCC in palliative care outside the developed countries. IPM is also the **nodal agency** for initiating and implementing community-based palliative care programme for various Government agencies including under National Health Mission (Kerala), Departments of Local Self Government and Social Welfare of the Government of Kerala.

**The organization has pioneered the community owned palliative care** programmes in the region and has established Neighbourhood Network in Palliative Care (NNPC) consisting of a supportive network of professionals, services and volunteers for supporting chronically ill people.

Last few years, Institute of Palliative Medicine has started expanding its activities outside Kerala – both at national and international levels, trying to replicate the Kerala Model in Palliative Care.

IPM is the leading training centre for training in Palliative Care in Asia and has been running regular training and education programmes for more than two decades for healthcare professionals and volunteers. The courses for doctors and nurses are regularly attended by professionals from within the country and abroad.

Courses provide by IPM include-

### **For Health Care Professionals:**

- One-year National Fellowship program in Palliative Medicine and Nursing (in collaboration with Christian Medical Association of India) NFPM and NFPN
- Six-week Basic Certificate Course in Palliative Medicine (for MBBS/BDS doctors)
- Six-week Basic Certificate Course in Palliative Nursing (for B. Sc/Diploma holders in nursing)
- Certificate Course in Essentials of Palliative Medicine (in collaboration with the Indian Association of Palliative Care)
- Foundation course in palliative care (for doctors)

### **Community volunteers:**

- Basic Training in Palliative Care
- Train the Trainer Programme

### **For Program Managers:**

- Fellowship in Palliative Care



### About Christian Medical Association of India (CMAI)

The Christian Medical Association of India is a network of 330 healthcare institutions and over 6000 healthcare professionals across the country. **CMAI has pioneered work in the areas of Family planning, T.B., Malaria, and HIV/AIDS**, and has made significant contributions to the health and medical education in the country.

In Nursing, two of the three statutory, All-India Nursing Examination Boards, (started in the early 1900's), recognised by the Indian Nursing Council are CMAI affiliated. In addition, **50 nursing schools from which over 1000 students graduate every year are accredited by CMAI**. In Allied Health education, CMAI accredits high quality training in over 40 centres. It also offers a **3-year postgraduate Fellowship programme in Family Practice recognised by the Tribhuvan University, Nepal**. CMAI also conducts regular training programmes and workshops as continuing education and is continuously involved in evolving standards and guidelines for healthcare delivery. CMAI's institutional membership includes several medical colleges including the Christian Medical Colleges at Vellore and Ludhiana, tertiary and secondary care hospitals, and outstanding rural health and development programmes in all parts of the country.

CMAI has been involved in the area of Palliative Care since the early nineties. It has held series of workshops, supported by institutional visits, structured capacity building and an active mentoring process. This has resulted in various centres in Karnataka, Kerala, Madhya Pradesh and Tamil Nadu starting palliative care services, including the pioneering home care programme at the Bangalore Baptist Hospital in collaboration with the Wake Forest University Baptist Medical Centre, USA. CMAI's focus is now on building and developing professionals in palliative care, by leveraging the strengths of its member institutions and affiliates both at national and international levels.

### **Instructions for filling in the application form**

1. Candidates are required to fill in the application form in Block letters.
2. Incomplete or illegible application forms will not be considered.
3. Candidates are required to give complete postal address and e-mail IDs for correspondence
4. Applications will not be considered complete unless they are accompanied by a) Statement of purpose; b) Academic/Professional reference; c) DD/NEFT receipt of application fee; d) Self attested professional documents
  - Statement of purpose - a brief statement on why you wish to pursue this training programme and how you would use the training (maximum of 300 words).
  - Academic/Professional reference- A reference letter from your Director/Head of the department stating that you have been granted permission in pursuing this fellowship
5. Two Passport size recent colour photographs. One photograph to be affixed in the space given in the application. Another one to be sent along with supporting documents as image file

**The scanned copy of completed application and supporting documents should be sent to: [ipm.fellowshipadmissions@gmail.com](mailto:ipm.fellowshipadmissions@gmail.com)**

An acknowledgement email will be sent from the academic team once the application has been successfully submitted.

**Last date for submitting the completed application is 31<sup>st</sup> July 2022**

## NATIONAL FELLOWSHIP IN PALLIATIVE MEDICINE

Paste your photo here

Application Form for Academic Year: .....

Name \_\_\_\_\_  
(In Full-as appearing in certificate)

Father's/Husband's Name \_\_\_\_\_

MCI/DCI Reg. No \_\_\_\_\_ Date of Reg \_\_\_\_\_ State \_\_\_\_\_

Date of Birth \_\_\_\_\_ Gender \_\_\_\_\_

### Correspondence Address

Street/Area \_\_\_\_\_

City/Town \_\_\_\_\_

District \_\_\_\_\_ State \_\_\_\_\_

Country \_\_\_\_\_ Postal code \_\_\_\_\_ E-mail \_\_\_\_\_

Phone Number: Office \_\_\_\_\_ Residence \_\_\_\_\_

### Permanent Address

Street/Area \_\_\_\_\_

City/Town \_\_\_\_\_

District \_\_\_\_\_ State \_\_\_\_\_

Country \_\_\_\_\_ Postal code \_\_\_\_\_ E-mail \_\_\_\_\_

Phone Number: Office \_\_\_\_\_ Residence \_\_\_\_\_

Details of Examination passed (Self-attested copies of certificates to be attached)

Medical College	University	State	Month	Year	% of marks

Period of internship \_\_\_\_\_ Institution \_\_\_\_\_

Application Fee: Application fee Rs. 200/-

\*Additional fee for Overseas candidate Rs. 300/- (Strike out if not applicable)

TOTAL Rs \_\_\_\_\_

### List of Enclosures: (Please tick)

Self-attested copies of

- a) MBBS/BDS Degree Certificate
- b) MBBS/BDS transcript
- c) Proof of undergoing or completed internship
- d) Registration Certificate of MCI/State medical council/Dental council
- e) Two Passport size recent colour photographs.
- f) Professional/academic reference letter by the referee
- g) Statement of purpose
- h) NEFT receipt of application fee

I have read the general instructions and the rules and regulations of National Fellowship in Palliative Medicine from the prospectus and I shall abide by them.

Date:

(Signature of applicant)

**For further details please contact:**

Course Coordinator

Institute of Palliative Medicine

Medical College (PO)

Kozhikode,

Kerala - 673 008 (India)

Phone: 91 9048068192

E-mail: [ipm.fellowshipadmissions@gmail.com](mailto:ipm.fellowshipadmissions@gmail.com)

or

Programme Coordinator

Christian Medical Association of India (CMAI)

Plot No. 2, A-3, Local Shopping Centre,

Janakpuri, New Delhi-110058, India

Phone: 91-11-25599991-3 Fax: 91-11-25598150

E-mail: [cmai@cmai.org](mailto:cmai@cmai.org) ; [chd@cmai.org](mailto:chd@cmai.org)