

National Fellowship in Palliative Medicine(NFPM)

PROSPECTUS 2025 - 2026



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Important Dates

- June 01, 2025** : **Issue of prospectus and application form**
- July 31, 2025** : **Last date to submit completed application form**
- August 15, 2025** : **Declaration of selected candidates**
- August 31, 2025** : **Last date to pay course fee**
- September, 2025** : **Commencement of course with first contact session**

Introduction:

Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. (WHO 2011)

Palliative care:

- provides relief from pain and other distressing symptoms;
- affirms life and regards dying as a normal process;
- intends neither to hasten or postpone death;
- integrates the psychological and spiritual aspects of patient care;
- offers a support system to help patients live as actively as possible until death;
- offers a support system to help the family cope during the patients' illness and in their own bereavement;
- uses a team approach to address the needs of patients and their families, including bereavement counselling, if indicated;
- will enhance quality of life, and may also positively influence the course of illness;
- is applicable early in the course of illness, in conjunction with other therapies that are intended to prolong life, such as chemotherapy or radiation therapy, and includes those investigations needed to better understand and manage distressing clinical complications.

Palliative medicine and nursing are integral parts of the holistic care' rendered to those affected by any incurable disease or chronic debilitating or end stage medical disease, including care of the elderly. Special knowledge and skills are needed to care for and treat these patients because they have special needs.

The modern concept of Palliative Care was pioneered as a movement in the UK by Dame Cecily Saunders, which then spread to many other parts of the world. In India, this is a speciality still in its infancy and most doctors and medical students are not familiar with the principles and practice of this discipline. Much more needs to be done to make palliative care widely and easily available.

This Fellowship programme will help to build capacity of health care professionals and institutions and equip them to render much-needed palliative care services to the people of this country.

The CMAI – IPM, National Fellowship Programme

Aims

- To give training to doctors so that they receive the knowledge and professional skills to render palliative care services.
- To give new insights and perspectives and positively influence their outlook towards the practice of Medicine i.e. from being medicine & doctor centric to person centric and being an equal partner in a team.

Eligibility Criteria

The applicants should hold an MBBS/BDS degree recognized by the Medical Council of India/Dental Council of India and have completed 1-year internship.

Student Intake:

Twenty-Five (25) students will be admitted to the programme every year.

Course Design:

The programme is expected to familiarize the candidates with the philosophy, principles and different models of delivery of palliative care, its relevance in our socio-cultural scenario, issues in communicating with patients and relatives, ethical and legal issues, symptom management, basic nursing issues relevant to people with incurable and chronic illnesses and issues related to death.

The programme is based on a distance education mode of one-year duration. However, students will have the option to complete the programme in two years' time. The methodology will include course work modules, assignments, and theory classes at contact sessions and hands on clinical training.

Academic requirements:

- Candidates should have 100% attendance during the online contact session.
- Attendance will be tracked during the online contact session.
- Should complete 20 days clinical postings, 10 days each, in two of the designated centres.
- Should maintain logbook during clinical posting with minimum score of 50% in log book evaluation.
- Should complete one clinical audit and secure minimum audit evaluation score of 50%
- Should complete 8 modules as distance education program with minimum score of 50% in the assignment evaluation of each module.
- Should complete final evaluation with minimum score of 50%.

Contact Sessions:**Online Theory Sessions**

As part of the fellowship curriculum, participants are required to attend 20 days of online theory sessions which will be conducted via Zoom platform, scheduled as follows:

September:

Duration: 10 days

Session Timings:

Morning Session: 07:30 AM – 09:00 AM

Evening Sessions: 06:00 PM – 09:00 PM (2 sessions)

October:

Duration: 10 days

Session Timings:

Evening Sessions Only: 06:00 PM – 09:00 PM (2 sessions)

Thereafter, the candidate must complete twenty days of clinical posting. The candidate is free to choose the centre and the period after discussing with the faculty concerned (A list of recognized institutions for clinical placement and the faculty in charge are given at Page 8 to 12). Final examination will be conducted at IPM, Kozhikode, Kerala.

Distance-learning modules:

There will be 8 distance learning modules. Each learning module is based on topics specific to palliative medicine. Along with each module(s), one or two sets of assignment will be provided which the candidate must complete. The assignments will be evaluated and the marks will be informed to the candidates. The aggregate of all the assignment marks will be included in the final evaluation and certification.

Clinical Postings:

The candidate will be evaluated during the clinical placement by the faculty in charge (mentor). He/she must complete a logbook during the clinical placement. The format for the evaluation during the clinical placement and the logbook will be mailed / couriered to the candidate during the first contact session.

Audit:

The candidate must submit a duly completed audit report on a topic relevant to

palliative care. Audit proposals will be discussed and finalized during the initial contact session. The Audit Presentation will be conducted online.

Final examination:

The final evaluation will be carried out at IPM, Kozhikode. The evaluation includes theory examination, Objective Structured Clinical Examination(OSCE), viva, audit presentation and case presentation.

Final Evaluation:

Final evaluation will be a Cumulative Grade Point Average (CGPA) system of evaluation based on the evaluation of the assignments, logbook and the audit report, performance during the clinical placement and the final examination.

Split up of evaluation:

Formative Evaluation

Assignments	-	50%
Clinical Posting	-	10%
Audit	-	10%
	-	

Summative evaluation

Case Presentaion	-	5%
Viva		5%
Theory Examination	-	20%

If the candidate is unable to score 50% in each of the category as shown in the split up, he/she will not be declared pass and can appear next time. In that case, the date of examination will be intimated to the candidate. He/she can appear directly for the examination without any additional fees.

The candidate will be allowed to carry forward the course fee for one year with the same registration fee.

Training centres & coordinators at the centres

1. Institute of Palliative Medicine (IPM)

Medical College PO, Kozhikode Kerala - 673008

Ilyas Hameed

Email: nfpmacademics@gmail.com

Mob: 9048068192, 8111908228

2. Institute of Palliative Care

Round East, Thrissur, Kerala- 680001

Dr. E Divakaran

Email: edivakaran@gmail.com

Mob: +919447308707

3. Department of Cancer Palliative Medicine,

Malabar Cancer Centre,

Moozhikkara PO, Thalassery, Kannur- 670103, Kerala

Contact: Dr. Biji M. S.

email: bijims@gmail.com

Mobile: +919496048807

4. Pallium India

Aisha Memorial Hospital Building,

Manacaud P.O., Paruthikkuzhy,

Thiruvananthapuram – 695009

Kerala, India.

Contact: Ms. Sheeba R S

Email: education@palliumindia.org

Ph.: +919746745497

5. Karunashraya Hospice

Varathur Main Roa, Kundanahalli Gate Bangalore- 560037

Dr. Seema Rao

Associate Director Education and Research

Email: seema.rao@karunashraya.org

Mobile: +91 98923 36650

6. Department of Palliative Medicine

Kidwai Memorial Institute of Oncology

Dr M H Marigowda Road, Bengaluru, Karnataka- 560029

Dr. Prabha Seshachar

Email: prabhasachar@yahoo.co.in

Mobile: +918026094100

7. Department of Palliative Medicine

Bangalore Baptist Hospital

Bellary Road, Hebbal, Bangalore, 560024

Dr. Amy Siew / Dr Sapna Mathew

Email: palliative@bbh.org.in

Tel: 080 22025395

8. Department of Palliative Medicine, Oncology Block (New), 2 Floor,

St. John's Medical College & Hospital,

Sarjapur Road, Bangalore- 560034

Contact: Ms Elda

Email: ppcu.sjmch@gmail.com

Mobile: +91 95912 37363

9. Lakshmi Pain and Palliative Care Trust

Lakshmi Sundaravanan Hospital

No 134, Poonamallee High Road Chennai- 600084

Dr. Mallika Tiruvadanan

Email: lakshmipaincare@gmail.com

Mobile: +919841022828

10. Palliative Care Unit

Cancer Institute (WIA),

(Next to IIT Madras) 18, Sardar Patel Road, Guindy, Chennai - 600036

Contact : Dr. Kalpana Balakrishnan

email: kalpana.balakrishnan@gmail.com

Mobile: +919840158777

11. Department of Palliative Medicine

Christian Medical College and Hospital Vellore,

Tamil Nadu

Contact: Dr. Jenifer Jeba S

Email: palcare@cmcvellore.ac.in

Phone: 0416-2283159

12. Department of Pain and Palliative Care,

MNJ Institute of Oncology & Regional Cancer Centre,

Red Hills, Hyderabad- 500 004

Contact: Ms. R. Vineela/ Dr. Gayatri Palat

email: mnj.palliative@gmail.com, Mobile: +9191772 38901

13. Dr. BRA Institute Rotary Cancer Hospital

Department of Anaesthesiology and Palliative Care, Room No 242, 2nd Floor

All India Institute of Medical Sciences,

New Delhi- 110029 Dr.

Sushma Bhatnagar

Email: sushmabhatnagar1@gmail.com

Mob:+919811326456

14. Bhagwan Mahaveer Cancer Hosptial and Research Centre

Jawaharlal Nehru Marg,

Jaipur, Rajasthan- 302 017

Dr. Anjum Joad

Email: iapcjaipur@gmail.com

Ph: 0141 2702899/ 510777

15. Tata Memorial Centre

Dr Ernest Borges Marg, Parel Mumbai 400012

Dr Jayita Deaodhar

Email: jukd2000@yahoo.co.uk

Ph: +919892358023

16. Cipla Palliative Care and Training Centre, 18/1,

Off Mumbai - Bangalore Highway, Warje,Pune,

Maharashtra - 411 058

Contact: Dr. Vivek Nirabhavane

Email: drviveksn@gmail.com

Mobile: +919552775117

Mr Larry Wagh

Email: Larry.Wagh@ciplacare.com

Mobile: +91 88303 50068

17. CanSupport

A-2 , Gulmohar Park, Opposite Kamla Nehru College,
New Delhi, Delhi 110049

Contact Dr Dr Reena Sharma

E-mail: reenasharma@cansupport.org

Phone:8800350213

18. Department of Palliative Care and Psycho oncology

TATA Medical Centre,

New Town, Rajarhat, Kolkata-700156

Contact Dr Shrikant Atreya

E-mail: shrikant.atreya@tmckolkata.com

Phone: 033-66057242

19. Department of Palliative Medicine

Dr. B. Borooah Cancer Institute

(A Grant-in aid Institute of DAE, Govt. of India and a unit of TMC, Mumbai)

Gopinath Nagar, Guwahati

Pin code – 781016

Contact: Dr. Kabindra Bhagbati

Email: kbhagabati@yahoo.co.uk , kbhagabati07@gmail.com

Phone : +9198640 93687

20. Basavatarakam Indo American Cancer Hospital & Research Institute

Road No : 10, IAS Office Quarters, Nandi Nagar, Banjara Hills, Hyderabad, Telengana

Contact Person : Dr Praneeth Suvari

Email: praneethsuv@gmail.com

Phone: +919814686999

21. Homi Bhabha Cancer Hospital and Research Centre (HBCHRC),

A unit of Tata Memorial Centre, Aganampudi, Visakhapatnam,
Andhra Pradesh – 530053

Contact: Dr. Vidya Viswanath

Email: hbchrc.iapcon31@gmail.com

Phone: 9848498412

22. Cachar Cancer Hospital and Research Centre

Meherpur, Birbal Bazar, Silchar, Assam 788015

Contact: Dr.H.M.Iqbal Bahar MD

Email : bahar.iqbal1976@gmail.com

Phone: 9101766406

If you know of any well-functioning Palliative care centers in your area, please inform us, we will contact them for an MOU to enable the candidate to do the clinical posting in these centers.

Course Fee

Application form and prospectus will be available from June 01, 2025 from Programme Coordinator, National Fellowship in Palliative Medicine, Institute of Palliative Medicine, Kozhikode, Kerala. or download it on www.instituteofpalliativemedicine.org or www.cmai.org

Application fees:

Application fee Rs. 500/-

Fee for Overseas candidate 10 \$ (USD)

Course fees

The course fee is Rs. 40,000/- (Rupees Forty Thousand Only) and should be paid by August 31st upon selection. This covers the cost of learning materials, fees for examination and issue of certificate. The fee should be paid by NEFT or as a Demand Draft drawn in favour of PPCS ACADEMIC ACCOUNT' and payable at Kozhikode

NEFT details: (Payment details for Indian Candidates only)

Name of account holder: PPCS ACADEMIC ACCOUNT

Name of the bank: INDIAN OVERSEAS BANK Address:

Medical college post, Kozhikode-673008 Branch

Code: 000899

Account no: 089901000013793

IFSC Code: IOBA0000899

MICR Code: 673020003

Account type: SAVING BANK ACCOUNT

Payment details for international candidates (out of India only)

Account Holder: Institute of Palliative Medicine

Account Number: 08990 10000 15812

Bank Name: Indian Overseas Bank

Branch: Chevayur, Kozhikode, Kerala 673008, India

IFS Code: IOBA0000899

Swift Code: IOBAINBB001

Fees once paid will not be refunded, in case a student wishes to discontinue the programme. With the same fees, the candidate can do the course for next year.

Selection of Candidates:

The selection will be done by the academic committee. Since the Fellowship programme has been designed to equip interested and committed candidates in the practice of Palliative Medicine, considerable weightage will be given to the statement of purpose, the reference letter and other information supporting the applicant's interest and commitment. The list of selected candidates will be announced on August 15, 2025. All applicants will be intimated by e-mail/ letter about whether their application is successful or not. **The decision of the selection committee is final** and no correspondence in this regard will be entertained once the results are declared.

Scholarship for the course

1. Number - 2 for doctors and 4 for nurses.
2. Amount - 50% of the course fees
3. Eligibility - Successful completion of the course
4. Manner of selection - Names of the candidates eligible for scholarship will be short listed

Final list will be made depending upon timely submission of assignments, completion of the course including clinical audit presentation.

How to apply

Those candidates interested in getting a scholarship have to submit a document showing the following details

- A. Your present job, Nature of job.
- B. Complete address of your place of work.
- C. Your future plan after completion of NFPM/N.
- D. Give your reason why you should be selected as a scholarship recipient.

Convener Academic Committee

Dr. Lulu Mathews

Academic Director, Institute of Palliative

MedicinePain & Palliative Care Society

Medical College PO

Kozhikode, Kerala - 673008

E-mail: lulumathews@gmail.com , nfpmacademics@gmail.com

Ph.No - 9048068192

Convener Management Committee

Dr. Stanley C Macaden

Palliative Care Consultant

National Coordinator - Palliative Care Programme of CMAI

577,16th B Main, 3rd Block, Koramangala

Bangalore – 560034

E-mail: stancmac@gmail.com

Ph. No: (M) 09663323810

Res-08025530454

About Institute of Palliative Medicine (IPM)

The Institute of Palliative Medicine is the Training and Research arm of Pain and Palliative Care Society (PPCS), which is one of the leading training institutions for palliative care in low and middle-income countries. It is a **World Health Organisation Collaborating Centre (WHOCC) for Building Country Capacity in Palliative Care and Long-Term Care** and is the first WHOCC in palliative care outside the developed countries. IPM is also the **nodal agency** for initiating and implementing community-based palliative care programme for various Government agencies including under National Health Mission (Kerala), Departments of Local Self Government and Social Welfare of the Government of Kerala.

The organization has pioneered the community owned palliative care programmes in the region and has established Neighbourhood Network in Palliative Care (NNPC) consisting of a supportive network of professionals, services and volunteers for supporting chronically ill people.

Last few years, Institute of Palliative Medicine has started expanding its activities outside Kerala – both at national and international levels, trying to replicate the Kerala Model in Palliative Care.

IPM is the leading training centre for training in Palliative Care in Asia and has been running regular training and education programmes for more than two decades for healthcare professionals and volunteers. The courses for doctors and nurses are regularly attended by professionals from within the country and abroad.

Courses provided by IPM include-

For Health Care Professionals:

- One-year National Fellowship program in Palliative Medicine and Nursing (in collaboration with Christian Medical Association of India) NFPM and NFNP
- Six-week Basic Certificate Course in Palliative Medicine (for MBBS/BDS doctors)
- Six-week Basic Certificate Course in Palliative Nursing (for B. Sc/Diploma holders in nursing)
- Certificate Course in Essentials of Palliative Medicine (in collaboration with the Indian Association of Palliative Care)
- Foundation course in palliative Medicine (for doctors)

Community volunteers:

- Basic Training in Palliative Care
- Carer's Training Program
- Bereavement Companionship Programme
- Foundation Course in Psycho-Social Support
- Community Based Palliative Care Fellowship
- Fellowship in Compassionate Spaces

For Program Managers:

- Fellowship in Palliative Care
- Foundations of Palliative Care

About Christian Medical Association of India (CMAI)

The Christian Medical Association of India is a network of 330 healthcare institutions and over 6000 healthcare professionals across the country. **CMAI has pioneered work in the areas of Family planning, T.B., Malaria, and HIV/AIDS**, and has made significant contributions to the health and medical education in the country.

In Nursing, two of the three statutory, All-India Nursing Examination Boards, (started in the early 1900's), recognised by the Indian Nursing Council are CMAI affiliated. In addition, **50 nursing schools from which over 1000 students graduate every year are accredited by CMAI**. In Allied Health education, CMAI accredits high quality training in over 40 centres. It also offers a **3-year postgraduate Fellowship programme in Family Practice recognised by the Tribhuvan University, Nepal**. CMAI also conducts regular training programmes and workshops as continuing education and is continuously involved in evolving standards and guidelines for healthcare delivery. CMAI's institutional membership includes several medical colleges including the Christian Medical Colleges at Vellore and Ludhiana, tertiary and secondary care hospitals, and outstanding rural health and development programmes in all parts of the country.

CMAI has been involved in the area of Palliative Care since the early nineties. It has held series of workshops, supported by institutional visits, structured capacity building and an active mentoring process. This has resulted in various centres in Karnataka, Kerala, Madhya Pradesh and Tamil Nadu starting palliative care services, including the pioneering home care programme at the Bangalore Baptist Hospital in collaboration with the Wake Forest University Baptist Medical Centre, USA. CMAI's focus is now on building and developing professionals in palliative care, by leveraging the strengths of its member institutions and affiliates both at national and international levels.

Instructions for filling in the application form

1. Candidates are required to fill in the application form in Block letters.
2. Incomplete or illegible application forms will not be considered.
3. Candidates are required to give complete postal address and e-mail IDs for correspondence
4. Applications will not be considered complete unless they are accompanied by a) Statement of purpose; b) Academic/Professional reference; c) DD/NEFT receipt of application fee; d) Self attested professional documents
 - Statement of purpose - a brief statement on why you wish to pursue this training programme and how you would use the training (maximum of 300 words).
 - Academic/Professional reference- A reference letter from your Director/Head of the department stating that you have been granted permission in pursuing this fellowship
5. Passport size recent colour photograph. One photograph to be affixed in the space given in the application. Another one to be sent along with supporting documents as image file

An acknowledgement email will be sent from the academic team once the application has been successfully submitted.

Last date for submitting the completed application is 31st July 2025

NATIONAL FELLOWSHIP IN PALLIATIVE MEDICINE

Application form

<https://forms.gle/SK3CCAdWWGnub8U67>

Application will be available in our website:

<https://www.instituteofpalliativemedicine.org/>

Contact : 9048068192

List of Enclosures which should be attached :

- a) MBBS/BDS Degree Certificate
- b) MBBS/BDS transcript
- c) Proof of undergoing or completed internship
- d) Registration Certificate of MCI/State medical council/Dental council
- e) Passport size recent colour photograph.
- f) Professional/academic reference letter by the referee
- g) Statement of purpose
- h) NEFT receipt of application fee

For further details please contact:

Course Coordinator

Institute of Palliative Medicine

Medical College (PO)

Kozhikode,

Kerala - 673 008 (India)

Phone: 91 9048068192

E-mail: ipm.fellowshipadmissions@gmail.com

or

Programme Coordinator

Christian Medical Association of India (CMAI)

Plot No. 2, A-3, Local Shopping Centre,

Janakpuri, New Delhi-110058, India

Phone: 91-11-25599991-3 Fax: 91-11-25598150

E-mail: cmai@cmai.org ; chd@cmai.org